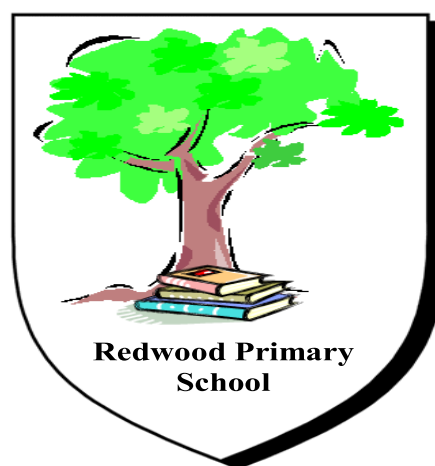


Safer Eating Policy



Policy review dates and changes

| Review date | By whom | Summary of changes made | Date ratified by governors/trustees | Date implemented |
|-------------|---------|-------------------------|-------------------------------------|------------------|
| New policy | | | | |

This policy will be reviewed every 3 years or after a review.

The pastoral care of our children is central to the aims, ethos and teaching programmes at Parkview and Redwood Primary Schools Federation. We are committed to developing positive and caring attitudes in our children.

The 2025 reforms to the EYFS Statutory Guidance will feature a new Safer Eating section from September 2025.

This policy supports the guidance with the expectations for safer eating in the Early Years Foundation Stage which can also be applied to other school years as good practice.

In our Federation:

- All staff have up to date Paediatric First Aid (PFA) training which includes what to do in the event of a choking emergency.
- Staff sit facing the children to enable early intervention in the event of choking or allergic reaction. In older years, staff are vigilant and monitor eating by walking around the school hall.
- Ratios are high to ensure that all children are supervised whilst eating.
- All children eat sitting upright at tables and on chairs.
- As far as possible, distractions are kept to a minimum.
- Children are encouraged to chew food thoroughly and not to drink or talk with their mouths full.
- Prior to starting with us in the Nursery or the Reception class, information regarding dietary requirements, preferences, food allergies and intolerances are obtained. This information is disseminated to all staff where necessary, including the kitchen staff and is displayed in the kitchen and Nursery (or other classrooms), as appropriate.
- For each child, a nominated member of staff will ensure that the meal is safe for them to eat.
- In association with parents, carers, caterers and health care workers when required, allergy action plans should be implemented which are updated as required.
- Food should be prepared to prevent choking, where appropriate.

- In the event of a choking incident, parents and carers should be informed and the incident recorded. An incident review will always be completed in this event to ensure any extra steps could have been taken to reduce the risk of it happening again.
- Regular reminders are sent to parents/carers around safe eating routines and food preparation to reduce the risk of choking.
- At each mealtime and snack time, staff must be clear about who is responsible for checking that the food being provided meets all the requirements for each child
- Prevent food sharing to mitigate the risk of unexpected allergic reactions